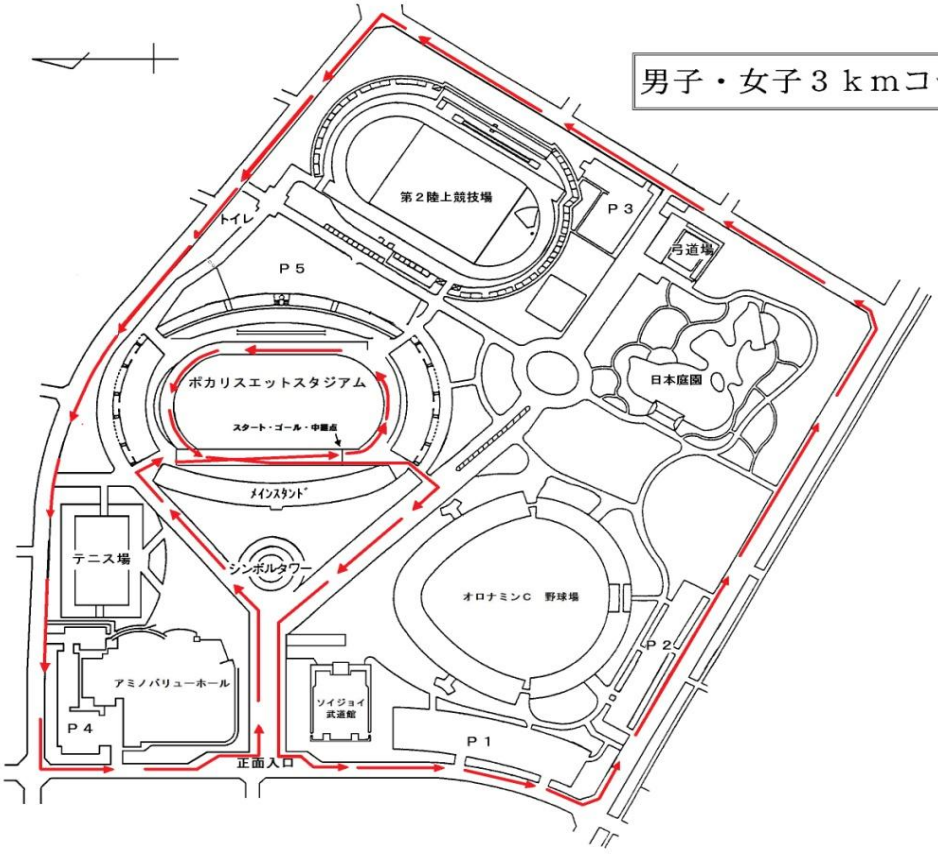
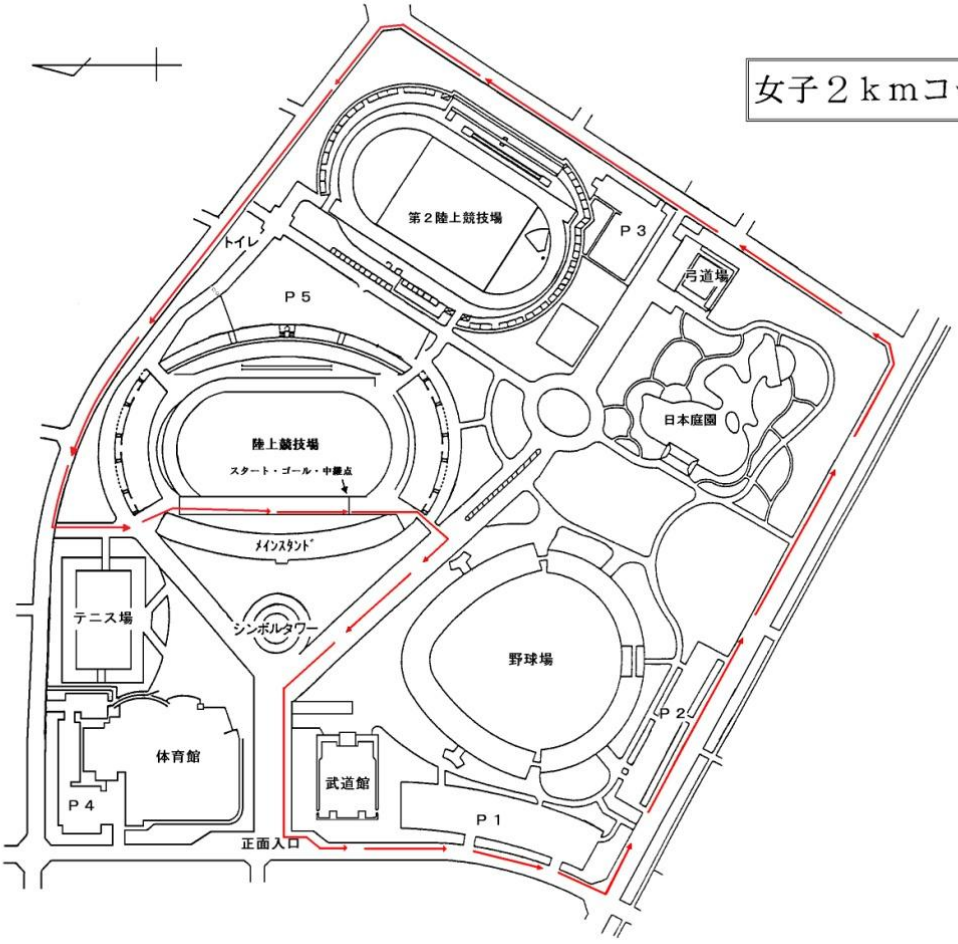
男子・女子３ｋｍコース



女子２ｋｍコース